

Term 4 2024 Coaching Schedule, Mon 29 Sept- Saturday 14Dec (11 weeks)

Locations: Thorneside Tennis Centre (TT) Wondall Heights State School (WHSS)

TT/WHSS	TT/WHSS	WHSS	TT/WHSS	TT/WHSS	TT			
Monday	Tues	Wed	Thur	Friday	Saturday		Class Type	Time/\$
7.45-8.30am (WHSS)	7.30- 8.30 am (WHSS)	7.45-8.30am (WHSS)	7.30-8.30am (WHSS)	7.30-8.30am (WHSS)			Red Ball (age 5-7)	45min - \$18/class
					8.00 - 9.00am (TT)		Orange Ball (age 8-10)	45 min - \$18/class. 1hr - \$20/class
	Adult Coaching 9.30 - 10.30am (TT)		Adult Coaching 9.30am - 10.30 (TT)	Cardio 9.30- 10.00am (TT)	9.00-10.00am (TT)		Green Ball (age 10-12)	1hr - \$20/class
3.45 - 4.30pm (TT)				3.15 -4.00pm (TT)	10.00-11.00am (TT)		Fixtures	1.5hrs - \$15 (includes pizza)
4.30-5.30pm (TT)	4.00pm- 5.00pm (TT)	3.15 -4.15pm (WHSS)	4.00-5.00pm (TT)	4.00-5.00pm pm (TT)			Yellow Ball (age 12+)	1hr - \$20/class
Squad 5.30 - 7.00pm Advanced (TT)	Squad 5.00pm - 6.30pm Intermediate (TT)	4.15- 5.15pm (WHSS)	5.00-6.00pm (TT)	Fixtures 5- 6.30pm (TT)			Squad (age 10- 16)	1.5hr - \$30/class (min 4)
Cardio 7.00- 8.00pm (TT)			Cardio 6.00- 7.00 pm (TT)				Cardio Tennis	1hr - \$15/class
							Adult Group Coaching	1hr - \$20/class

